



Porcelain Veneers

Porcelain Veneers are “state-of-the-art” in cosmetic dentistry and will provide many years of beautiful smiles for you. Many recent studies from prominent universities have shown that an attractive smile is one of the most important features of “self-image”. These same studies showed that when people met others who had an attractive smile, they felt the person was more honest, more successful, and more pleasant to be around. One study showed that when two people interviewed for the same job, had the same credentials, and wore the same clothes, the individual with an attractive smile was more likely to get that job and even receive a higher starting salary. Readers of Health & Fitness magazine rated an attractive smile, as the only physical trait they thought was mandatory when determining attractiveness of the opposite sex.

During the next few weeks until your permanent porcelain veneers are ready, you may experience some of the following symptoms with your prepared teeth:

- ❑ **Sensitivity to cold:** This is very normal and will subside once your permanent veneers are placed. You may want to avoid drinking very cold liquids.
- ❑ **Provisionals:** We have placed provisional veneers on your teeth today. They may feel rough or become slightly stained. Avoiding dark pigmented foods and drinks, such as red wine, grape juice, etc. may decrease staining. Although we try to make your provisionals look as nice as possible, they are not an indication of what your final veneers will look like. The length will be similar, but the final shape, color and contour may be different since the ceramist has greater control of the shape because of the high strength of the porcelain material.
- ❑ **Maintenance:** To ensure that your gums remain healthy, brush gently, but thoroughly and follow twice daily with the Peridex rinse that we gave you. Dip two q-tips into the rinse and massage around your provisionals at the gum line. We have also given you a small syringe with a cotton tip that we want you to carefully fill with hydrogen peroxide and use twice daily where your provisionals meet the gums. If your gum tissue was treated with the laser, please refer to your post operative laser instruction sheet.

As always, our goal is to provide the very highest quality care available and at the same time make you feel as special to us as possible. We realize you have chosen us to take care of you and your trust is never taken lightly. If there is anything we can do to make your dental treatment more comfortable or enjoyable, please do not hesitate to let us know.