



## **LASER THERAPY**

### **FOR THE REMOVAL OF SOFT TISSUE LESIONS AND SURGERY**

Treatment with the dental laser is very different from conventional treatment because non-surgical therapy is utilized. The laser emits concentrated energy in the form of a light beam, which removes the necessary tissues and cauterizes the surgical site simultaneously.

Prior to the use of the laser, soft tissue lesions were removed with traditional surgical techniques involving incisions, sutures, bleeding and discomfort. With the advent of the Diode Laser, we can accomplish minor biopsies and gum surgeries without anesthetic, sutures and bleeding. Most people have virtually no discomfort during or after the procedure and healing time is also minimized.

After your procedure, you may experience a little discomfort, similar to a small ulcer. Normally, little to no discomfort is experienced in the first few days and slight soreness will be present after the protective covering generated by the laser treatment is removed (this is the slightly dark covering you notice immediately after your procedure).

Avoid using your toothbrush in the laser treated site. Instead, we ask that you use the Peridex liquid given to you in the small brown bottle. Lightly apply the liquid with 2 Q-tips in a swabbing motion. Do this 2-3 times each day or when you brush your teeth during the day.

Avoid eating hard, crunchy, sharp foods such as pretzels, corn or potato chips and popcorn after your procedure. Stick to a soft, mild diet and chew on the other side of your mouth.

If any mild discomfort should occur, over the counter medications such as Advil or Tylenol will be appropriate to take. If prolonged discomfort should occur please call 703-222-3245 to speak with us.

As always, our goal is to provide the highest quality of dental care available while developing a unique and trusting relationship with you. We appreciate and value the trust you have placed in us. If there is anything we can do to make your dental experience more comfortable or enjoyable, please do not hesitate to let us know.